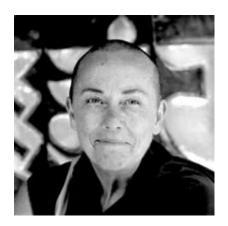
## Anglican Parish of Sorrento and Rye In Partnership with Mornington Peninsula Interfaith Network (MPIN)

**Presents** 

### Spirituality Café

with

#### Tibetan Buddhist Nun The Venerable Robina Courtin



Speaking on

# Freeing your Mind from Depression and Fear

Sunday 3<sup>rd</sup> of May 2009 **Time:** 6pm – 8.30pm **Cost:** \$10

#### At The Continental Hotel, Sorrento

in 'The Harding Bar', with easy access from the rear car park.
6pm Supper: Vegetarian Soup and Bread Talk begins at 7pm.

For further information contact Rev Hans Christiansen 5985 4370

The Venerable Robina Courtin is a distinguished teacher in the Tibetan Buddhist Tradition. She is the Director of the Prison Liberation Project. She has taught many places in the United States and Australia as well as lead pilgrimages to India and Nepal. She has produced numerous audiotapes of her teachings. She was a Presenter at the recent 'Happiness Conference' in Sydney.